



# Lincolnshire Parent Carer Forum

## **November 2024**

Welcome to LPCF's Latest news!

Hope you are all looking forward to finding out what is going on with all things SEND!

We have attached a link to our newsletter for any of your parents who may wish to join our membership. Please feel free to add it to your website or circulate it to parents of children with SEND.

**Here is the link:-**

[https://www.lincspcf.org.uk/DocsPDF/pnl\\_genericnlto\\_parents.pdf](https://www.lincspcf.org.uk/DocsPDF/pnl_genericnlto_parents.pdf)

We have lots going on this month and LPCF are planning ahead for the 5<sup>th</sup> Annual "Week of SEND" taking place from:-

**Monday 27<sup>th</sup> January to Friday 31<sup>st</sup> January 2025.**

This is the time when you need to hibernate from the cold January weather and join our virtual sessions to find out what is available in Lincolnshire and beyond. You don't have to actively participate, you can just be listening in whilst working, or you can be asking questions on the chat. We only hold it once a year as it takes 5 months to organise and it is totally FREE!

Add the dates to your diary so you don't miss out on this chance to see what is happening and what services and support you can access.

The organisations participating will be added to the Week of SEND page over the next few months.

[https://www.lincspcf.org.uk/P\\_Info\\_WeekofSEND.php?YrFilter=25](https://www.lincspcf.org.uk/P_Info_WeekofSEND.php?YrFilter=25)

There will be something for everyone!

If you as an organisation would like to participate please email asap to book your slot.

We also have an additional opportunity this year if you or your colleagues would like to find out more about LPCF and what we do for parents and professionals. We are holding 2 information sessions on:-

Tuesday 28<sup>th</sup> January at 3.30pm and Thursday 30<sup>th</sup> January at 4pm.

Places can be booked on the events page [https://www.lincspcf.org.uk/P\\_Events.php?ID=4808](https://www.lincspcf.org.uk/P_Events.php?ID=4808)

---

---

---

**LPCF would be grateful if you could please publicise these events to the parents you work with.**



### **Wellbeing sessions with Nicole**

Join LPCF for a free 90-minute Zoom session to help improve mental health & wellbeing.

Nicole from Hummingbird Hypnotherapy will be providing proven techniques to help us make positive changes to our lives.



Date: **Wednesday 6<sup>TH</sup> November 7.30pm – 9pm**

Topic        How not to lose your cool!

Date:        **Wednesday 20<sup>th</sup> November 7.30pm – 9pm**

Topic        Managing the winter blues

Relax with like-minded people in a positive atmosphere.

Parents can book on the Events page of the website.

---

### **Juggling the Joys of parenting (parents only)**

**Starts Thursday 7<sup>th</sup> November at 11am**

These workshops have been developed with LPCF over a number of years and are a chance for parent carers to meet other parent carers and learn new strategies in a friendly easy to use style.

Our experienced presenter Hil Gibb has worked with children and young people, parents, teachers, and headteachers for over 30 years. Hil is great at helping groups of people to find the best way forward.

The 'Why me?' workshop is designed to enable you to:-

- explore the mix of emotions experienced by you as a parent
- remove the pain and power of those who can whip up that mix of emotion
- learn how the 'power of now' can support you
- know your negative triggers and reduce (or even remove) them.

To find out more click here:

[https://www.lincspcf.org.uk/DocsPDF/pjtj\\_2024-25juggling\\_the\\_joy.pdf](https://www.lincspcf.org.uk/DocsPDF/pjtj_2024-25juggling_the_joy.pdf)

**Parents need to sign up to the LPCF membership and book their place on the events page – link below.**

---

---

---

**LPCF would be grateful if you could please publicise these events to the parents and Professionals you work with.**

---

---

#### Promoting Positive Behaviour

**Date: Thursday 14th November 7pm – 9pm**

Free Interactive workshop on Zoom with a behavioural Specialist.

LPCF have invited Chris from Aspens to explore the topic of behaviour.

More details and to book your place please use the link below.

---

**Link for booking all of the LPCF events**



[https://www.lincspcf.org.uk/P\\_Events.php](https://www.lincspcf.org.uk/P_Events.php)

---

---



### **New Pins Project**

LPCF are working with schools and parents in primary schools in Boston and South Holland.

**To see the confirmed list of schools taking part in the project see this link:-**

[https://www.lincspcf.org.uk/P\\_PINS\\_Home.php](https://www.lincspcf.org.uk/P_PINS_Home.php)

LPCF will also be visiting the confirmed schools along with the Working Together Team between September and March 25.

Please encourage parents in your setting to participate with LPCF and the Working Together Team.

You can find out more about the Pins project here: [https://www.lincspcf.org.uk/P\\_PINS\\_Home.php](https://www.lincspcf.org.uk/P_PINS_Home.php)



### **LPCF's 5<sup>th</sup> Week of SEND Monday 27<sup>th</sup> January to Friday 31<sup>st</sup> January 2025**

Please keep this week free in your diary as last year we had 96 organisations presenting a huge amount of information during the week.

If you would like to participate in showcasing your offers of support to parents and professionals please reply to this email with **"WOS 2025!"**

**Please note it will be on a first come first served basis.**

### **New facility for you**

If you can't remember whether you have booked onto an event and want to check– our website designer has designed a new way to check your bookings. It's simple – you go into the Events page> E- booking and this is displayed at the top.

**Check my future bookings**

If you wish to check your future bookings and their status please just submit your email and a listing of your future booked events will be emailed to you.

Your Email \*

Submit

Just insert your email and you will be emailed a list of your bookings. Simple!!

**New Offer for parents on the LPCF membership**  
**SEND Workforce Development Induction Tier**

**Free E-learning modules**

If they want to know more about SEND? What is Inclusion? SEND Code of practice and lots more. Please direct them to this link to find out more [https://www.lincspcf.org.uk/P\\_Info\\_WorkforceDev\\_Intro.php](https://www.lincspcf.org.uk/P_Info_WorkforceDev_Intro.php)

---

---

---



The next round of nominations have begun so please display the attached poster at your setting and encourage parents to join our membership and nominate you for your excellence.

---

---

**Feedback from professionals**

LPCF have a new page on the website titled "**Feedback from professionals**".



Leading on from the new section in the Parents Voice Report we have dedicated a new page to the LPCF website named **Feedback from professionals**.

**This page contains responses directly from the professionals in response to the feedback that we collect.**

By professionals providing a response directly to the LPCF membership, they are more aware of the memberships views and can react to them. The membership is therefore helping to drive change and improve services.

**Thank you to all the professionals who have taken the time to respond.**

---

---

**Additions to LPCF website (please see achievements page)**

- LPCF Parents voice -July to September
- Report on the Emotional Based School Avoidance workshop
- LCC Inclusion plan and Inclusion strategy ( found on the information portal quick links)

- Report on the Workshop on The Local Offer and EHC Electronic Hub
- 

### **Whats on?**



Please see this link [https://www.lincspcf.org.uk/P\\_Events.php?Option=LPCF](https://www.lincspcf.org.uk/P_Events.php?Option=LPCF)

If you have any events you are running for children with SEND please send them to [admin@lincspcf.org.uk](mailto:admin@lincspcf.org.uk) for addition to our website other events page.

---



### **Max Cards**

Parents who join our membership and fulfil the criteria may be offered a free discount card. The Information page of the LPCF website contains more detail.

In response to LPCF needing feedback from the use of Max cards for our grant funders, our web designer has developed an easy to use system for recording feedback.

This is really helpful not only for LPCF as evidence that parents are using the cards and how they are finding them, but also to develop a repository of feedback so parents can quickly find ideas of where to use them.

LPCF have also added a scoring system so parents have a quick guide to the venues and whether they were SEND friendly.

A big thank you to the parents who took the time to help LPCF develop the categories for scoring the venues.

Please give us your honest feedback.

If you want to find out more then please see the Max Card page > Max Card Repository on the Information portal.

To apply for a max card please direct parents to the information page of the LPCF website [https://www.lincspcf.org.uk/P\\_Info\\_MaxCard.php](https://www.lincspcf.org.uk/P_Info_MaxCard.php)

---

### **Please help our Charity – you don't have to be a parent!**

Please help us by using Easy fundraising.

It doesn't cost you anything but it does help our Charity. Please see our funding page for more details.

**Why not bookmark LPCF's website on your browser for easy access.**

---

Please encourage parents you work with to join LPCF, as the earlier we can support them on their journey the better outcomes for the whole family in terms of engagement, signposting, information & support. It also gives LPCF a bigger voice in Lincolnshire to help improve the provision of services for families.

Please also encourage other professionals you work with to join our professional membership so they are kept informed too!

Thank you for your support